

FUNCTIONAL LIFE SKILLS FRAMEWORK



Empathy, Grit, and Kindness

Anchored by Anne of Green Gables



The **Readtopia Functional Life Skills Framework** was created to link **Readtopia Anchor Lessons** with three major life domains: **Daily Living Skills, Self-Determination and Interpersonal Skills**, and **Employment Skills**.

Each domain has been broken down into Competencies and Sub-competencies based on the **Life Centered Education: The Teacher’s Guide**, which is a product of the Council for Exceptional Children.

COLOR CODING KEY

Shaded Anchor Lessons

LESSON	ANCHOR ACTIVITY	LIFE SKILLS LESSON	
#	<ul style="list-style-type: none"> • Directly address a major life domain if implemented as presented • Can be modified to meet the essence of one or more of the life domains. 	LIFE DOMAIN CODE	<ul style="list-style-type: none"> • Competency and description • Sub-competency and description

Unshaded Anchor Lessons

LESSON	ANCHOR ACTIVITY	LIFE SKILLS LESSON	
#	<ul style="list-style-type: none"> • Suggestions for extending the anchor lesson to address Competencies and Sub-competencies 	LIFE DOMAIN CODE	<ul style="list-style-type: none"> • Competency and description • Sub-competency and description

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LESSON	ANCHOR ACTIVITY		LIFE SKILLS LESSON
1	Understand the purpose of a movie preview.	DL	<ul style="list-style-type: none"> • C8 Utilizing Recreational Facilities and Engaging in Leisure • SC34 Choose and plan recreational activities.
2	Identify a character's problem and solution. Decide if the solution is good or bad.	SD	<ul style="list-style-type: none"> • C10 Understanding Self-Determination • SC44 Anticipate consequences to choices
5	Identify cities/towns students are familiar with on a map.	DL	<ul style="list-style-type: none"> • C9 Choosing and Accessing Transportation • SC40 Getting around in the community
9	Compare / contrast physical characteristics of characters from <i>Anne of Green Gables</i> in the book and video.	SD	<ul style="list-style-type: none"> • C11 Being Self-Aware • SC48 Identify Preferences: physical, emotional, social, and educational
12	Work as a group to identify descriptive words and phrases about Anne.	SD	<ul style="list-style-type: none"> • C11 Being Self-Aware • SC48 Identify Preferences: physical, emotional, social, and educational
16	Identify the meaning of familiar idioms.	SD	<ul style="list-style-type: none"> • C13 Communicating with Others • SC57 Know the subtleties of communication
19	Understand another student's feelings and imagine how he/she would feel in his place.	SD	<ul style="list-style-type: none"> • C11 Being Self-Aware • SC46 Understand personal characteristics and roles
22	Sequence sentence strips for greeting someone for the first time.	SD	<ul style="list-style-type: none"> • C13 Communicating with Others • SC56 Communicate with understanding
23	Given an opinion, students decide to agree or disagree with the statement and give reasons. Argument Writing	SD	<ul style="list-style-type: none"> • C13 Communicating with Others • SC56 Communicate with understanding

SD = Self-Determination and Interpersonal Skills
DL = Daily Living Skills
ES = Employment Skills

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LESSON	ANCHOR ACTIVITY	LIFE SKILLS LESSON	
26	Compare/contrast how two characters behave.	SD	<ul style="list-style-type: none"> • C12 Developing Interpersonal Skills • SC54 Develop and demonstrate appropriate behavior
30	Use cause and effect to talk about the way that doing something can lead to something else happening.	SD	<ul style="list-style-type: none"> • C10 Understanding Self-Determination • SC44 Anticipate consequences to choices
33	Use a chart to learn about what kinds of foods students like.	DL	<ul style="list-style-type: none"> • C5 Buying, Preparing, and Consuming Food • SC20 Plan and eat balanced meals
37	Sequence sentence strips to retell what a character did when someone didn't believe she was telling the truth.	SD	<ul style="list-style-type: none"> • C13 Communicating with Others • SC58 Assertive and effective communication
40	Determine why people tell lies.	SD	<ul style="list-style-type: none"> • C15 Developing Social Awareness • SC68 Understand the motivations of others
42	Sequence sentence strips to describe how to care for a small cut.	DL	<ul style="list-style-type: none"> • C3 Caring for Personal Needs • SC14 Demonstrate knowledge of common illnesses, prevention, and treatment
45	Sequence sentence strips to move out of a building safely and calmly during a fire emergency.	DL	<ul style="list-style-type: none"> • C3 Caring for Personal Needs • SC16 Practice personal safety
46	Review what happened when Gilbert teased Anne in the book.	SD	<ul style="list-style-type: none"> • C10 Understanding Self-Determination • SC44 Anticipate consequences to choices
49	Understand that good readers make pictures in their minds as they read a book. Discuss how authors write shorter versions of books to make them easier to read.	DL	<ul style="list-style-type: none"> • C8 Utilizing Recreational Facilities and Engaging in Leisure • SC34 Choose and plan recreational activities.

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50	Identify the characteristics of an appropriate apology.	SD	<ul style="list-style-type: none"> • C10 Understanding Self-Determination • SC42 Understand personal responsibility
52	Discuss a photograph or illustration of someone playing, cooking, eating, etc. and identify who is in the picture, where they are, what they are doing, and how they are feeling. Descriptive Writing	DL	<ul style="list-style-type: none"> • C3 Caring for Personal Needs • SC15 Demonstrating knowledge of common illnesses, prevention, and treatment. • C5 Buying, Preparing, and Consuming Food • SC24 Preparing meals and cleaning up after dining.
54	What did Anne and Matthew do to help Diana and Minnie May.	SD	<ul style="list-style-type: none"> • C12 Developing Interpersonal Skills • SC51 Demonstrating listening and responding skills
56	Identify how phones of the past are the same and different from the cell phones used today.	SD	<ul style="list-style-type: none"> • C12 Developing Interpersonal Skills • SC51 Demonstrating listening and responding skills
58	Discuss the possible effects of playing with matches.	DL	<ul style="list-style-type: none"> • C3 Caring for Personal Needs • SC16 Practice personal safety
61	Students guess what color they will get from mixing two colors of paint.	SD	<ul style="list-style-type: none"> • C12 Developing listening and responding skills • SC51 Demonstrate listening and responding skills
63	Match feelings to different situations people experience.	SD	<ul style="list-style-type: none"> • C11 Being Self-Aware • SC47 Identify Needs: physical, emotional, social, and educational

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LESSON	ANCHOR ACTIVITY	LIFE SKILLS LESSON	
66	Identify what happens to Molly at different times in her life using a timeline.		
72-74	Explore the meaning of Empathy and identify Acts of Kindness. Work as a group to create an Acts of Kindness bulletin board.	SD	<ul style="list-style-type: none"> • C12 Developing Interpersonal Skills • SC54 Develop and demonstrate appropriate behavior • SC13 Communicating with Others • C15 Developing Social Awareness • SC68 Understand the motivations of others
		ES	<ul style="list-style-type: none"> • C20 Exhibit Appropriate Employment Skills • SC92 Work with others

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